

## Children's Books Related to Emotions

### Various emotions:

- Aliki (1986). *Feelings*. Harper Trophy
- Avery, C. (1997). *Everybody Has Feelings*. Gryphon House.
- Berger, T. (1979). *I Have Feelings Too*. Human Services Press
- Berkner, L. (2007). *The Story of My Feelings*. Orchard Books
- Cain, J. (2000). *The Way I Feel*. Parenting Press
- Conlin, S. (1991). *All My Feelings at Preschool: Nathan's Day (Let's Talk About Feelings)*. Parenting Press.
- Curtis, J.L. (1999). *Today I Feel Silly, And Other Moods That Make My Day*,
- Delis-Abrams, A. (1991). *ABC Feelings Book*. Adage Publications
- Emberley, E. (1997). *Glad Monster, Sad Monster: A Book About Feelings*. Little Brown and Company
- Fox, M. (2006). *Whoever You Are*. Voyager Books
- Gold, R.M. (1998). *The Feelings Box*. Aegina Press
- Heegaard, M.E. (2003). *Drawing Together to Learn About Feelings*. Fairview Press
- Hubbard, W. (1990). *C is for Curious, an ABC of Feelings*. Chronicle Books
- Parr, T. (2005) *The Feelings Book*. Little Brown Books for Young Readers
- Rotner, S. (2003). *Lots of Feelings*, Millbrook Press
- Law, F. (2005). *Feelings*. Mercury Books
- Leghorn, L. (1995). *Proud of Our Feelings*. Magination Press
- Leeper, A. (1995). *I Have Feelings*. Heinemann.
- Moddy, M. (1991). *ABC Book of Feelings*. Concordia Publishing House
- Murphy, M. (2000). *I Feel Happy, and Sad, and Angry, and Glad*. Dorling Kindersley Pub.
- Petelinsek, K. (2004). *Feelings an Emotions/Sentimientos*. Child's World; Bilingual Edition
- Petersen, P.J. (1994). *Some Days, Other Days*. New York: Charles Scribner's Sons
- Polland, B. (1997). *Feelings Inside You and Outside Too*. Tricycle Press
- Simon, N. (1970). *How Do I Feel*. Albert Whitman & Company
- Snow, T., Snow, P., Espeland, P. & Hartman, C. (2007). *Feelings to Share from A to Z*. Maren Green Publishing;
- Stanley, M. (2006). *How Do You Feel?* Simon & Schuster Children's Publishing
- Vail, R. (2005). *Sometimes I'm Bombaloo*. Topeka Bindery

### Anger:

- Aaron, J. (1998). *When I'm Angry*. Golden Books
- Bang, M. (1999). *When Sophie Gets Angry – Really Angry*. Scholastic.
- Berry, J.W. (1996). *Let's Talk About...Feeling Angry*. Scholastic Inc.
- Berry, J.W. (1996). *Feeling Angry (Let's Talk About It)*. Scholastic
- Blumenthal, D. (1999). *The Chocolate Covered Cookie Tantrum*. Houghton Mifflin Co.
- Crary, E. (1996). *When You're Mad and You Know It*. Parenting Press Inc.
- Crary, E. (1992). *I'm Mad (Dealing with Feelings)*. Parenting Press Inc.
- Crary, E. (1996). *I'm Furious (Dealing with Feelings)*. Parenting Press Inc.
- Duncan, R. (1989). *When Emily Woke Up Angry*. Barron's Educational Series, Inc.
- Frost, H. (2000). *Feeling Angry*. Pebble Books
- Griffith, D. (2007). *That Makes Me So Mad!* Tate Publishing & Enterprises, LLC.
- Lachner, D. (1995). *Andrew's Angry Words*. North-South books
- Mayer, M. (2000). *I Was So Mad*. Random House Children's Books
- Joose, B. (1989). *Dinah's Mad, Bad Wishes*. HarperCollins Publishers
- Kroll, S. (2002). *That Makes Me Mad!* Chronicle Books, LLC
- Palatini, M. (2001). *Goldie is Mad*. Disney Press
- Preston, E.M. (1969). *The Temper Tantrum Book*. Viking Press
- Sendak, M. (1988). *Where the Wild Things Are*. HarperCollins Publishers
- Simon, N. (1991). *I Was So Mad!* Albert Whitman & Company
- Spelman, M. (2004). *When I Feel Angry*. Albert Whitman and Company
- Tulloch, R. & Greder, A. (1990). *Danny in the Toybox*. HarperCollins Publishers
- Vail, R. (2004). *Sometimes I'm Bombaloo*. Scholastic, Inc.
- Watson, J.W., Switzer, R. & Hirschberg, J.C. (1986). *Sometimes I Get Angry*. Random House Children's Books

### **Fear/Anxiety:**

- Bourgeois, P. & Clark, B. (1987). *Franklin in the Dark*. Scholastic, Inc.
- Cooper H. (1993). *The Bear Under the Stairs*. Penguin Group (USA)
- Crary, E. (1996). *I'm Scared (Dealing with Feelings)*. Parenting Press
- Edwards, P.D. (2003). *The Worrywarts*. HarperCollins Publishers
- Ellis, S. (2005). *Ben Over Night*, Fitzhenry & Whiteside, Ltd.
- Graham, B.(2001). *Rose Meets Mr. Wintergarten*. Candlewick Press
- Henkes, K.(2000). *Wemberly Worried*. HarperCollins Publishers.
- Holmes, M.(2000). *A Terrible Thing Happened:A Story for Children Who Have Witnessed Violence or Trauma*. American Psychological Association
- Howe, J. (1986). *There's a Monster Under My Bed*. New York: Atheneum
- Mayer, M. (1988). *There's Something There! Three Bedtime Classics*. Barnes & Noble
- Mayer, M. (1987). *There's an Alligator Under my Bed*. Dial Books for Young Readers.
- Mayer,, M. (1992) *There's a Nightmare in My Closet*. Penguin Group
- Meiners, C.J. (2003). *When I Feel Afraid*. Free Spirit Publishing
- Moses, B.(2005). *Poems About Being Scared*. Hodder & Stoughton, Ltd.
- Moses, B. (1998). *I'm Worried*. Hodder Wayland
- Seeger, L.V. (2006). *Walter Was Worried*. Roaring Brook Press
- Sendak ,M. (1988). *Where the Wild Things Are*. HarperCollins Publishers
- Spelman, C.M. (2004). *When I Feel Scared*. Albert Whitman

### **Overcoming fear:**

- Apple, M. (1999). *Brave Martha*. New York: Houghton Mifflin
- Dunbar, J. (1998). *Tell Me Something Happy Before I Go to Sleep*. San Diego: Harcourt Brace
- Gaiman, N. (2005). *The Wolves in the Walls*. HarperCollins Children's Books
- Munsch, R. (1997). *The Dark*. Firefly Books.

### **Frustration:**

- Alexander, M. (1977). *And My Mean Old Mother Will Be Sorry, Blackboard Bear*. Penguin Group (USA)
- Berry, J.W. (2000). *Let's Talk About Feeling Frustrated: A Personal Feelings Book*. Gold Star Publishing
- Brown, M. (1999). *D.W., Go to Your Room! (an Aurthur story)*. Little, Brown & Company
- Carle, E. (1996). *The Grouchy Ladybug*. HarperCollins Children's Books
- Crary, E. (1992). *I'm Frustrated (Dealing with Feelings)*. Parenting Press
- Everitt, B. (1992). *Mean Soup*. San Diego: Harcourt Brace Jovanovich
- Henkes, K. (1996). *Chrysanthemum*. HarperCollins Publishers
- Moses, B. (1998) *It's Not Fair*. Wayland Publishing
- Rosenthal, A.K. (2008). *It's Not Fair!* HarperCollins Canada
- Shannon, D. (1998). *No, David!* Scholastic, Inc.
- Viorst, J. (1987) *Alexander and the Terrible, Horrible, No Good, Very Bad Day*. Simon & Schuster

### **Friendship/Relationships:**

- Keller, H. (2007). *Help! A Story of Friendship*. HarperCollins Publishers
- Udry, J.M. (1988). *Let's Be Enemies*. HarperCollins Publishers
- Wilhelm, H. (1988). *I'll Always Love You*. Random House Children's Books.
- Zolotow, C. (1969). *The Hating Book*. HarperCollins Publishers
- Zolotow, C. (1963). *The Quarreling Book*. HarperCollins Publishers

### **Happiness:**

- Carlson, N. (2002). *There's a Big, Beautiful World Out There!* New York: Viking
- Carlson, N. (2002). *Smile a Lot!*. Lerner Publishing Group
- Crary, E. (1996) *When You're Happy and You Know It*. Parenting Press, Inc.
- Crary, E. (1996). *I'm Excited*. Parenting Press, Inc.
- Kipfer, B.A. (1994). *1,400 Things for Kids to Be Happy About: The Happy Book*. Workman Publishing
- Parr, T. (2004). *The Feel Good Book*. Little Brown Books for Young Readers.
- Willis, J. (2000). *Susan Laughs*. New York: Henry Holt

**Jealousy:**

Moses, B. (date). *I Feel Jealous*. Wayland Publishing

**Loss/Death:**

Brisson, P. (2006). *I Remember Miss Perry*. New York: Dial Books for Young Readers.  
Bunting, E. (2000). *The Memory String*. Houghton Mifflin Co.  
Buscaglia, L. (1982). *The Fall of Freddie the Leaf*. NY: Henry Holt Co.  
Carson, J. (1992). *You Hold Me and I'll Hold You*. NY: Orchard Books  
Carlstrom, N.W. (1990). *Blow Me a Kiss, Miss Lilly*. New York: Harper & Row  
Cohen, M. (1984). *Jim's Dog Muffins*. New York: Dell Publishing  
Cohn, J. (1994). *Molly's Rosebush*. Albert Whitman  
Gould, D. (1987). *Grandpa's Slide Show*. HarperCollins Publishers  
Greenlee, S. (1992). *When Someone Dies*. Peachtree Publishers  
Joslin, M. (1999). *The Goodbye Boat*. William B. Eerdmans Publishing Co.  
Moore-Mallinos, J. (2005). *I Remember*. Barrons's Educational Series, Inc.  
Nystrom, C. (1990). *Emma Says Goodbye: A Child's Guide to Bereavement*. Lion Hudson PLC  
Riddle, T. (1996). *The Tip at the End of the Street*. Sydney: Harper Collins.  
Rogers, F. (1986) *When A Pet Dies*. G.P. Putnam's Sons  
Palmer, P. (1994). *I Wish I Could Hold Your Hand*. Impact Publishers  
Simon, N. (1986)). *The Saddest Time*. Illinois: Albert Whitman & Co.  
Spero, M.H. (1997). *Saying Goodbye to Grandma*. Simcha Media Group  
Stickney, D. (2004). *Water Bugs and Dragonflies: Explaining Death to Young Children*. Pilgrim Press.  
Thomas, J.R. (1988). *Saying Goodbye to Grandma*. Houghton Mifflin Co.  
Thomas, P. (2001). *I Miss You: A First Look at Death*. Barron's Educational Series, Inc.  
Viorst, J. (1971). *The Tenth Good Thing About Barney*. Simon & Schuster Children's Publishing

**Love:**

Bourgeois, P. (2004) *Franklin Says "I Love You."* Toronto, ON: Kids Can Press  
Munsch, R. (2000), *Love You Forever*. Firefly Books, Ltd.  
McBratney, S. (1994). *Guess How Much I Love You* Cambridge, MA: Candlewick Press  
Parr, T (2006). *I Love You Just Because*. Little Brown Young Readers

**Sadness:**

Frame, J.A. (2008) *Yesterday I Had the Blues*. Ten Speed Press  
Frost, H. (2000). *Emotions Feeling Sad*. Coughlan Publishing  
Lester, H. (2007). *Hurty Feelings*. New York: Houghton Mifflin  
Paulette Bourgeois. (1997). *Franklin's Bad Day (a Franklin the Turtle story)*. New York: Scholastic  
Rosen, M. (2005). *Michael Rosen's Sad Book*. Candlewick Press  
Spelman, C. (2004). *When I Feel Sad*. Albert Whitman  
Steig, W. (1988). *Spinky Sulks*. A Sunburst Book, Farrar, Straus and Giroux.

**Separation Anxiety:**

Appelt, K. (2000). *Oh My Baby, Little One*. San Diego, CA: Harcourt, Inc  
Brown, M. (1998). *Arthur Lost and Found*. Boston: Little, Brown  
Grindley, S. & Dann, P. (1999). *What Will I Do Without You?*, London: Kingfisher.  
Horse, H., *Little Rabbit Lost*  
Fowler, S.G. (1994). *I'll See You When the Moon is Full*, New York: William Morrow & Co.  
McPhail, D. (1990). *Lost*. Boston: Little, Brown  
.Penn, A. (2006). *The Kissing Hand*. Tanglewood Press  
Prestine, J.S. (2001). *Mom and Dad Break Up*. School Specialty Publishing.

