

# An Approaches-To-Learning Framework

## Key Dimensions and Components

### *Emotion/Motivation*

#### **ENTHUSIASM FOR LEARNING**

- **Interest:** curiosity, inquisitiveness
- **Pleasure:** joy, happiness, enjoyment
- **Motivation to learn:** desire to explore, control, master new challenges

### *Action/Behavior*

#### **ENGAGEMENT IN LEARNING**

- **Attention:** maintains focus on a task
- **Persistence:** keeps trying even when a task is difficult
- **Flexibility:** tries different approaches to handle challenges