

An Approaches-To-Learning Framework

Key Dimensions and Components

Emotion/Motivation

ENTHUSIASM FOR LEARNING

- **Interest:** curiosity, inquisitiveness
- **Pleasure:** joy, happiness, enjoyment
- **Motivation to learn:** desire to explore, control, master new challenges

Action/Behavior

ENGAGEMENT IN LEARNING

- **Attention:** maintains focus on a task
- **Persistence:** keeps trying even when a task is difficult
- **Flexibility:** tries different approaches to handle challenges